

## Study Hacks for Smarter Learning Intellobloom Exclusive

### Learn Smarter, Not Harder: Study Hacks by Intellobloom

*At Intellobloom, how you study is just as important as what you study. These hand-picked study hacks are based on the real experiences of our mentors and students, refined to suit offline and focused classroom learners:*

- 1. Short and Powerful Sessions.** We recommend the **Pomodoro technique**: 25 minutes of distraction-free study and a 5-minute break. Our students follow this model during self-study hours to improve focus without fatigue.
- 2. Teach What You Learn.** After each session at Intellobloom, we encourage students to explain one concept to a peer. This technique strengthens retention and uncovers gaps in understanding.
- 3. One Task at a Time.** In our classroom and homework strategy, multitasking is discouraged. We guide students to finish one subject block before jumping to the next. It leads to deeper concentration and cleaner notes.
- 4. Active Recall, Not Passive Reading.** Instead of rereading, our practice modules ask questions about the topic just taught. Quizzes at the end of every class help build active recall from Day 1.
- 5. Mind Mapping During Revisions.** Our mentors often draw concept trees or flowcharts while revising. Students are encouraged to recreate these to visualize connections and revise faster.
- 6. Spaced Repetition with Homework Scheduling.** Every subject has a built-in revision day each week. This ensures the concept revisits after 2-3 days, and then again after a week, naturally following spaced repetition.
- 7. Declutter Your Study Space.** In offline classrooms, clean desks are maintained with no distractions. We encourage students to replicate the same discipline at home: no mobile, no clutter, just a clear space to think.
- 8. Test Like It's Real.** Weekly tests are scheduled in exact exam-like environments. Students follow the time strictly and learn to control exam anxiety.
- 9. Highlight Concepts, Not Everything.** We train students to use highlighters wisely: definitions, formulas, and concept tips. Over-highlighting is discouraged as it clutters notes.
- 10. Sleep is Non-Negotiable.** No late-night cramming. We explain the science behind memory consolidation and encourage a consistent 7–8 hours sleep routine. A fresh mind wins every time.